



ATHLETIC TRAINING EDUCATION PROGRAM

School of Recreation, Health, and Tourism

ATEP Four Year Plan

Athletic training students should meet with their academic advisor prior to scheduling courses each semester. Students should schedule courses primarily in the mornings in order to keep their afternoons free for clinical field experiences. The following plan is proposed for students to abide by when scheduling courses each semester:

Freshman Year

Semester	Course Number and Title	Credits
Fall		
	BIOL 124 Human Anatomy and Physiology	4
	HEAL 110 Personal Health	3
	ATEP 228 Introduction to Athletic Training	3
	ENGL 100 or 101	3
	Oral Communication	3
		16 credits

Spring

	BIOL 125 Human Anatomy and Physiology	4
	HEAL 205 Principles of Accident Causation and Prevention	4
	HEAL 330 Nutrition	3
	ATEP 229 Clinical Experiences in Introductory Athletic Training	3
		14 credits

Sophomore Year

Semester	Course Number and Title	Credits
Fall		
	PHED 200 Professional Dimensions of Health, Recreation, and Physical Education	3
	ATEP 310 Athletic Injury Recognition – Lower Extremity and Thorax	3
	ATEP 315 Clinical Experience in Lower Extremity and Thorax Injury Recognition	3
	Elective	3
	Information Technology	3
		15 credits

Spring

	ATEP 320 Athletic Injury Recognition – Upper Extremity, Head and Neck	3
	ATEP 325 Clinical Experience in Upper Extremity, Head and Neck Injury Recognition	3
	PHED 300 Kinesiology	3
	Arts	3
	Western Civilization	3
		15 credits

Junior Year

Semester	Course Number and Title	Credits
Fall		
	ATEP 350 Therapeutic Modalities	3
	ATEP 357 Treatment and Rehabilitation Clinical Techniques	3
	ATEP 354 Rehabilitation of Athletic Injuries	3
	PHED 365 Measurement and Evaluation of Physical Fitness	3
	PHED 410 Social/Psychological Aspects of Health and Fitness	3
		15 credits
Spring		
	ATEP 413 Management Techniques in Athletic Training	3
	PHED 450 Physiology of Exercise	4
	PRLS 410 Administration of Health, Fitness, and Recreation Resource Organizations	3
	Literature	3
	Quantitative Reasoning	3
		16 credits

Senior Year

Semester	Course Number and Title	Credits
Fall		
	EFHP 524 Physiology for the Athletic Trainer Including the Pharmacology of Sports Injuries	3
	PRLS 405 Planning, Design and Maintenance of Leisure Facilities	3
	ENGL 302 Advanced Composition	3
	Social and Behavioral Science	3
	Elective	3
		15 credits
Spring		
	ATEP 441 Practicum	3
	PRLS 450 Research Methods	3
	PRLS 460 Sport and Recreation Law	3
	Global Understanding	3
	Elective	3
		15 credits