

KNES Academic Advising Form 2012-2013

Bachelor of Science Degree in Health, Fitness, and Recreation Resources
Kinesiology Concentration (120 Credit Hours)



School of Recreation,
Health, and Tourism

COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

GENERAL EDUCATION (38 credits): For current list of approved courses: <http://www.gmu.edu/departments/provost/gened/>

Requirement	Credits	Prerequisites	Recommended Term
Oral Communication	3		First Year, Spring
Written Communication (Lower Level)	3		First Year, Fall
Written Communication (Upper Level)	3	45 credits: C or better in Gen. Ed. comp. and lit.	Third year, Fall
Information Technology	3		First Year, Fall
Quantitative Reasoning (STAT 250)	3	High School Algebra	Third year, Spring
Arts	3		Second year, Fall
Global Understanding	3		Second year, Spring
Literature	3		Second year, Fall
Natural Science (BIO 124 and BIO 125)	8		First year
Social and Behavioral Sciences (HEAL 230)	3		First year, Spring
Western Civilization	3		First year, Spring

PROFESSIONAL CONCENTRATION (69 credits): Some GEN ED requirements above also appear in the semester list below.

1 st Year Fall Semester	Credits	Prerequisites	Campus	Sem.
BIO 124 Human Anatomy & Physiology GEN ED	4		FX/PW/NET	F,S,Sum
HEAL 110 Personal Health	3		FX/PW/NET	F, S
KINE 100 Introduction to Kinesiology	3		FX	F,S
1 st Year Spring Semester				
ATEP 300 Functional Anatomy	3	CO-REQ BIO 125	PW	F,S,Sum
BIO 125 Human Anatomy & Physiology GEN ED	4	BIO 124	FX/PW	F,S,Sum
HEAL 230 Intro to Health Behavior GEN ED	3		FX	F, S
2 nd Year Fall Semester				
HEAL 205 Principles of Accident Cause/Prev.	4		FX	F,S,Sum
KINE 200 Principles of Health Related Fitness	2	ATEP 300, CO-REQ KINE 310	FX	F,S
KINE 310 Exercise Physiology I	3	ATEP 300, CO-REQ KINE 200	PW	F,S,Sum
2 nd Year Spring Semester				
HEAL 330 Nutrition	3		PW	F,S,Sum
KINE 370 Measurement and Evaluation	3	ATEP 300, KINE 310	FX	F,S,Sum
SPMT 320 Psychology of Sport	3		FX/PW	F, S
3 rd Year Fall Semester				
KINE 330 Seminar in Kinesiology	3	60 credits, KINE 100, 200, 370	FX	F,S
KINE 350 Exercise Prescription and Programming	3	KINE 370	PW	F,S
PRLS 460 Sport and Recreation Law	3	60 credits	FX	F,S,Sum
3 rd Year Spring Semester				
KINE 341 Kinesiology Internship I	3	60 credits, KINE 310, 330,350, and current CPR, AED & First Aid certificates	-	F,S,Sum
KINE 360 Strength Training	3	KINE 200, KINE 310,	PW	F, S
KINE 380 Exercise Prescript and Prog for Spec Pop	3	KINE 310, 330,350 or POI		F,S
PRLS 405 Planning, Design and Maintenance	3	60 credits	PW	F, S
STAT 250 Quantitative Reasoning GEN ED	3	High School Algebra	FX/PW	F,S,Sum
4 th Year Fall Semester				
KINE 400 Biomechanics	3	ATEP 300 and PHYS 103(Recommended)	PW	F
KINE 410 Exercise Physiology II	3	KINE 310	PW	F
KINE 420 Sport and Exercise Nutrition	3	HEAL 330, KINE 310	PW	F
KINE 441 Kinesiology Internship II	3	90 credits, KINE 341, 360,380 and current CPR, AED & First Aid certificates		F,S,Sum
PRLS 450 Research Methods	3	STAT 250, and 60 credits	FX/PW	F,S,Sum
4 th Year Spring Semester				
KINE 490 Kinesiology Internship III	12	90 credits, KINE 400,410,420,441, and current CPR, AED & First Aid certificates	-	F,S,Sum

ELECTIVES (7 credits)

Electives (may include PHYS 103 or PHYS 160 & 161 as prerequisites)	7 credits
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Additional Requirements for Graduation:

Students must maintain a minimum overall GPA of 2.5 and earn a C or better in BIO 124 and 125, HEAL 230, STAT 250, and all professional sequence courses.

TRANSFER PLAN

<i>1st Year Fall Semester</i>	Credits	Prerequisites	Campus	Sem.
ATEP 300 Functional Anatomy	3	<i>CO-REQ BIO 125</i>	PW	F,S,Sum
HEAL 110 Personal Health	3		FX/PW/NET	F, S
HEAL 230 Intro to Health Behavior GEN ED	3		FX	F, S
KINE 100 Introduction to Kinesiology	3		FX	F,S
SPMT 320 Psychology of Sport	3		FX/PW	F, S
<i>1st Year Spring Semester</i>				
HEAL 205 Principles of Accident Cause/Prev.	4		FX	F,S,Sum
HEAL 330 Nutrition	3		PW	F,S,Sum
KINE 200 Principles of Health Related Fitness	2	<i>ATEP 300, CO-REQ KINE 310</i>	FX	F,S
KINE 310 Exercise Physiology I	3	<i>ATEP 300,CO-REQ KINE 200</i>	PW	F,S,Sum
PRLS 460 Sport and Recreation Law	3	<i>60 credits</i>	FX	F,S,Sum
<i>1st Year Summer Semester</i>				
KINE 370 Measurement and Evaluation	3	<i>ATEP 300, KINE 310</i>	FX	F,S,Sum
<i>2nd Year Fall Semester</i>				
KINE 330 Seminar in Kinesiology	3	<i>60 credits, KINE 100, 200, 370</i>	FX	F,S
KINE 350 Exercise Prescription and Programming	3	<i>KINE 370</i>	PW	F,S
KINE 400 Biomechanics	3	<i>ATEP 300 and PHYS 103(Recommended)</i>	PW	F
KINE 410 Exercise Physiology II	3	<i>KINE 310</i>	PW	F
KINE 420 Sport and Exercise Nutrition	3	<i>HEAL 330, KINE 310</i>	PW	F
<i>2nd Year Spring Semester</i>				
KINE 341 Kinesiology Internship I	3	<i>60 credits, KINE 310, 330,350, and current CPR, AED & First Aid certificates</i>	–	F,S
KINE 360 Strength Training	3	<i>KINE 200, KINE 310,</i>	PW	F, S
KINE 380 Exercise Prescript and Prog for Spec Pop	3	<i>KINE 310, 330,350 or POI</i>		F,S
PRLS 405 Planning, Design and Maintenance	3	<i>60 credits</i>	PW	F, S
PRLS 450 Research Methods	3	<i>STAT 250, and 60 credits</i>	FX/PW	F,S,Sum
<i>2nd Year Summer Semester</i>				
KINE 441 Kinesiology Internship II	3	<i>90 credits, KINE 341, 360,380 and current CPR, AED & First Aid certificates</i>		F,S,Sum
<i>3rd Year Fall Semester</i>				
KINE 490 Kinesiology Internship III	12	<i>90 credits, KINE 400,410,420,441, and current CPR, AED & First Aid certificates</i>	–	F,S,Sum