

# PHED Academic Advising Form 2013-2014

Bachelor of Science in Education (BSEd) in Physical Education

Total (120 Credit Hours)

For advising, contact Ms. Linda Krout at [lkrou@gnu.edu](mailto:lkrou@gnu.edu)



School of Recreation,  
Health, and Tourism

COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

**GENERAL EDUCATION (38 credits):** For current list of approved courses: <http://www.gmu.edu/departments/provost/gened/>

Requirement	Credits	Prerequisites
Oral Communication	3	
Written Communication (Lower Level)	3	
Written Communication (Upper Level)	3	45 credits: C or better in Gen. Ed. comp. and lit.
Information Technology	3	
Quantitative Reasoning	3	
Arts	3	
Global Understanding	3	
Literature	3	
Natural Science (BIO 124 and BIO 125)	8	
Social and Behavioral Sciences (i.e: HEAL 230)	3	
Western Civilization	3	

**PROFESSIONAL CONCENTRATION (82 credits):** Does not include GEN ED requirements

<i>I<sup>st</sup> Year Fall Semester</i>	Credits	Prerequisites	Campus	Sem.
BIO 124 Human Anatomy & Physiology	4		FX/PW	F, Sum
PHED 201 Developmental Motor Patterns	3		PW	F, S
PHED 202 Teaching Skillful Movement	3		PW	F, S
PHED 275 Field & Invasion Games	2		FX	F, S
PHED 110, 150, or 159 (Swimming)	1		FX/PW	F, S
<i>I<sup>st</sup> Year Spring Semester</i>				
BIO 125 Human Anatomy & Physiology	4		FX/PW	S, Sum
PHED 273 Net & Target Games	2		FX	F, S
PHED 274 Dance & Ed. Gymnastics	2		FX	F, S
HEAL 110 Personal Health	3		FX	F, S
<i>2<sup>nd</sup> Year Fall Semester</i>				
HEAL 220 Dimensions of Mental Health	3		FX	F,S
PHED 200 Professional Dimensions of HRPE	3		FX/PW	F, S
ATEP 300 Functional Anatomy	3	BIO 124 and 125	PW	F, S, Sum
PRLS 316 Outdoor Ed & Leadership	3		PW	F, Sum
<i>2<sup>nd</sup> Year Spring Semester</i> <b>Must Prepare for BSED Status (Praxis I/VCLA)</b>				
KINE 200 Resistance Training for H-R Fitness	2	BIO 124, 125 and ATEP 300; co-requisite KINE 310	FX	F,S
KINE 310 Exercise Physiology I	3	BIO 124, 125, and ATEP 300; co-requisite KINE 200	PW	F, S, Sum
HEAL 330 Nutrition	3		PW	F, S, Sum
HEAL 205 Accident Causation & Prevention	4		FX	F, S, Sum
<i>3<sup>rd</sup> Year Fall Semester</i> <b>Must obtain BSED Status by end of Semester</b>				
PHED 340 Social and Cultural Issues in PE	3		PW	F, S
HEAL325 Health Aspects of Human Sexuality	3		FX	F,S
HEAL 310 Drugs & Health	3		FX	F, S
<i>3<sup>rd</sup> Year Spring Semester</i>				
PHED 306 Psychomotor Learning	3		PW	F, S, Sum
PRLS 460 Sport & Recreation Law	3	60 credits	Net	F, S, Sum
PHED 403 Elementary Instruction in PE	3	BSED status; PHED 201, 202, 273, 274, 275; PHED 306 co-requisite.	PW	F, S
<i>4<sup>th</sup> Year Fall Semester</i> <b>Student Teaching Application*</b>				
PHED 308 Adapted PE	3	BSED status; BIO 124 and 125	FX	F, S
PHED 404 Middle & HS Instruction in PE	3	BSED status; PHED 201, 202, 273, 274, 275,306, & 403	PW	F, S
HEAL 405 Teaching Methods in Health (K-12)	3	BSED status	PW	F, S
EDRD 300 Literacy and Curriculum Instruction in PE	3		FX	F,S
<i>4<sup>th</sup> Year Spring Semester</i>				
PHED 415 Student Teaching & Synthesis	12		FX	F, S

\*Must apply for PHED 415 by September 1 for spring placement and February 1 for fall placement. All courses in the major, the VCLA and PRAXIS II tests must be successfully completed before submitting Student Teaching application

**TWO YEAR PLAN: Assumes all General Education requirements have been met.**

<i>1<sup>st</sup> Year Fall Semester</i>	Credits	Prerequisites	Campus	Sem.
PHED 200 Professional Dimensions of HRPE	3		FX/PW	F, S
PHED 201 Developmental Motor Patterns	3		PW	F, S
PHED 202 Teaching Skillful Movement	3		PW	F, S
HEAL 110 Personal Health	3		FX	F, S
PHED 275 Field & Invasion Games	2		FX	F, S
PHED 110, 150, or 159 (Swimming)	1		FX/PW	F, S
<b><i>1<sup>st</sup> Year Spring Semester</i>      Must pass PRAXIS I/VCLA and obtain BSED Status by end of Semester</b>				
HEAL 310 Drugs & Health	3		FX	F, S
HEAL 220 Dimensions of Mental Health	3		FX	F, S
PHED 306 Psychomotor Learning	3		PW	F, S, Sum
PHED 273 Net & Target Games	2		FX	F, S
PHED 274 Dance & Ed. Gymnastics	2		FX	F, S
<b><i>1<sup>st</sup> Year Summer</i></b>				
HEAL 205 Accident Causation & Prevention	4		FX	F, S, Sum
ATEP 300 Functional Anatomy	3	<i>BIO 124 and 125</i>	PW	F, S, Sum
<b><i>2<sup>nd</sup> Year Fall Semester</i></b>				
KINE 200 Principles of Health Related Fitness	2	<i>BIO 124, 125, and ATEP 300; co-requisite KINE 310</i>	FX	F, S
KINE 310 Exercise Physiology I	3	<i>BIO 124, 125, and ATEP 300; co-requisite KINE 200</i>	PW	F, S, Sum
HEAL 325 Health Aspects of Human Sexuality	3		FX	F,S
PHED 403 Elementary Instruction in PE	3	<i>BSED status; PHED 201, 202, 273, 274, 275; co-requisite PHED 306</i>	PW	F, S
PHED 308 Adapted PE	3	<i>BSED status; BIO 124 and 125</i>	FX	F, S
<b><i>2<sup>nd</sup> Year Spring Semester</i>      Student Teaching Application*</b>				
HEAL 330 Nutrition	3		PW	F, S, Sum
HEAL 405 Teaching Methods in Health (K-12)	3	<i>BSED status</i>	PW	F, S
PHED 340 Social and Cultural Issues in PE	3		FX	F, S
PHED 404 Middle & HS Instruction in PE	3	<i>BSED status; PHED 201, 202, 273, 274,275, 306, &amp; 403</i>	PW	F, S
EDRD 300 Literacy and Curriculum Integration	3		FX	F,S
<b><i>2<sup>nd</sup> Year Summer</i></b>				
PRLS 460 Sport & Recreation Law	3	<i>60 credits</i>	Net	F, S, Sum
PRLS 316 Outdoor Ed & Leadership	3		PW	F, Sum
<b><i>3<sup>rd</sup> Year Fall Semester</i></b>				
PHED 415 Student Teaching & Synthesis	12		FX	

**\*Must apply for PHED 415 by September 1 for spring placement and February 1 for fall placement. All courses in the major, the VCLA and PRAXIS II tests must be successfully completed before submitting Student Teaching application.**

**Additional Requirements for Graduation:**

120 total credits; 45 Upper Level Credit Hours; 30 Hours (with 12 being upper level major courses); GMU Residency Requirement; Completion of General Education Requirements (38 credits); GPA of at least 2.0 and 2.5 in major