

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

PHED 201-001 - Developmental Motor Pattern (3)
Spring 2014

DAY/TIME: M W 9:00-10:15 am
LOCATION: Rm. 214, Freedom Center
INSTRUCTOR: Mrs. Linda Krout
EMAIL ADDRESS: lkrout@gmu.edu

OFFICE LOCATION: Bull Run Hall, Rm. 228B
PHONE NUMBER: 703-993-2096
OFFICE HOURS: M-W 10:30-11:30, 1:30-3:30
FAX NUMBER: 703-993-2025

PREREQUISITES: None

COURSE DESCRIPTION: Analyzes motor-skill development and prescription of activities from immature to mature stages.

COURSE OBJECTIVES: At the completion of this course, pre-service teachers should be able to:

1. Identify stages of children's motor development in the content areas of educational games, educational gymnastics and dance.
2. Observe and analyze children's performance of basic motor patterns
3. Develop reflection skills about the quality of your work with children
4. Design progressions for students at different motor stages and motivate ongoing participation.
5. Demonstrate competence in basic motor skills from the Skill Theme Approach for teaching physical education.
6. Apply the Skill Theme approach to developmentally appropriate educational games, gymnastics and dance
7. Analyze current statistics on children's physical activity patterns and health needs
8. Subscribe to and examine physical education websites for their value as teaching resources
9. Begin an ongoing process of developing a philosophy of teaching physical education and reflect on one's professional development.
10. Determine ways to encourage student self-motivation for physical activity.
11. Organize and lead class activities using managerial and instructional routines.

REQUIRED READINGS:

- a) Graham, G., Holt/Hale, S., & Parker, M. (2013). Children Moving (9th ed.), New York, NY: McGraw-Hill Publishers

NASPE STANDARDS RELATED TO COURSE:

Standard 1: Scientific and Theoretical Knowledge

Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals.

Standard 2: Skill and Fitness Based Competence*

Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K – 12 Standards.

Standard 6: Professionalism

Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

NATURE OF COURSE DELIVERY: face-to-face

EVALUATION:

**** Students are responsible for all work conducted in class regardless of being absent. Email is strongly encouraged when absent but you MUST submit the assignment on the due date to receive full credit.**

EXAM 1	20%	100
EXAM 2	20%	100
Skill theme Presentation	10%	50
Philosophy	10%	50
Assignments	20%	10
	20%	100
TOTAL	100	500

Grading Scale

465-500=A 450- 464=A- 435 – 449 =B+ 415 – 434=B 400 – 414=B-
385 – 399=C 365 – 384= 350 – 364=C- 300-349=D <300=F

Attendance Policy

In accordance with the GMU Attendance Policies, “Students are expected to attend the class periods of the courses for which they register. In-class participation is important to the individual student and to the class as a whole. Because class participation may be a factor in grading, instructors may use absence, tardiness or early departure as de facto evidence of non-participation.”

Professional dispositions: This course is foundational to all courses that lead to teacher licensure and the Bachelor of Science in Education degree. Student attendance and participation in class activities are directly related to professional development and dispositions in this career; therefore, you are expected to attend class regularly. You are entering a licensure program that requires several developmental stages toward becoming a professional committed to student learning in schools. Professional dispositions are values, attitudes and professional ethics toward learners, peers, professors and the learning process. You will self-evaluate on dispositions throughout the semester and examine your commitment to the teaching profession.

The following scale will be used

- Two (2) absences are permitted
- Two (2) “tardies” = 1 absence*
- Two (2) “early departures” = 1 absence*
- 3 absences = 20 grade points
- Each additional absence = 15 points

*Attendance is taken at 9:00 am. A student will be considered late once attendance has been taken. Leaving more than 10 minutes before the end of the class will be considered an early departure.

****Students are responsible for all work conducted in class regardless of being absent. Email is strongly encouraged when absent with assignment attached on the date due to receive full credit for the assignment.**

Description of Assignments:

- a. Philosophy of physical education: Develop your physical education philosophy at the beginning of the semester and provide a more detailed philosophy at the end of the semester. Attach original version of the philosophy to the revised copy. There must be a revision or elaboration of your original paper. Include at least 3 resources for your bibliography

- b. Motor Skills Analysis: Use Haywood's Component Approach to observe assigned motor patterns of children during your field observation. Acquire data on each child's participation in and out of school and adapt several motor skills to motivate them. Rubric is provided. You will need to assess a child preferably in the K-3 grade level.
- c. Game Design: As part of a small group you will design an educational game in class that meets established criteria for a learning experience. You will organize and teach peers your game design.
- e. Shopping Frenzy: A Nasco Physical Education catalogue will be provided. You will order equipment for one year staying within the criteria.
- f. Skill Theme Progression Presentation: You will be responsible for creating a progression of activities in a chosen skill theme and presenting it to your peers. The STA template on blackboard will be used. The progression of activities will be submitted online one week prior to the presentation in class for instructor approval.
- g. Peace Journal: You will be responsible for keep a journal entry 3 times a week which will be discussed and submitted at the end of the semester. All criteria will be posted on blackboard and a rubric will be provided.
- h. PE & Technology: During observation and analysis of motor skills you will videotape a peer in class using the application Ubersense or Coach's Eye and develop skills in analyzing mature motor patterns.
- i. EXAM #1: The content of the Exam will consist of Chapters 1,2, 3, 7, 16, 17, and 18. The questions will be multiple choice, true/false and short answer.
- j. EXAM #2: The content of the exam will consist of chapters 11, 12, 19, 20, 21, 24, 25, 26, and Kathleen Components Approach. The questions will be multiple choice, true/false, fill-in and short answer.
- k. FINAL EXAM: The content of the exam will be partially cumulative and a specific focus on chapters 22, 23, 27, 28, 29, 30. The questions will be multiple choice, true/false, fill-in and short answer.

TENTATIVE COURSE OUTLINE

Week 1

Jan. 20 (M) MARTIN LUTHER KING DAY

Jan. 22 (W): Introduction to course, purpose, objectives, policies. **READ: Exercise is a State of Mind:**
PE, PA, PF: CK, PK, TK, TPAK Action Based Learning

Week 2

Jan. 27 (M): Chapt. 1, Purpose of PE in schools. Virginia Standards Instructional Resources in PE
Assign Philosophy paper **READ: The Importance of PE**

Jan. 29 (W): Chapt. 2, The Skill Themes Approach,
Sports vs. STA, Sports to Skill Themes Lab
READ: Get Out and Play Flipped Classroom

Week 3

Feb. 3 (M): Chapt. 3 Movement Concepts;
Chapter 5 Generic Skill Levels Newsprint
Philosophy Due

Feb. 5(W): Chapt. 13 Space Awareness, Space Ship, red, green, yellow light
Pac Man; "Musical Chairs" using squad formation "NO Vacancy" or "City Street,
Crowded Spaces"

READ: Faster, Stronger, Smarter
Assign Shopping Frenzy

Week 4

Feb. 10 (M):Chapt. 15 Relationships, Solo, Partner, Between Groups, Alone in a Mass
 Magic Hoops (w/objects) **Read: Skill Analysis**

Feb. 12 (W):Chapter 17 Effort “Change Gears”, “Follow the Leader”
Shopping Frenzy Due

Week 5**Mid-Term**

Feb. 17 (M) **Exam #1**

Feb. 19 (W):Chapter 16 Traveling Patterns; Tinikling and Jump Bands
 Pedometers: Slide Shark Application

Week 6

Feb. 24 (M):Chapter 19 Jumping and Landing George Graham
 Model Skill Theme Progression *Children Moving: Assign Presentation Schedule*
 Haywood’s Component Approach for observing motor pattern
 Video horizontal jump using Ubersense Application

READ Over Arm Description

Feb. 26 (W):Chapt. 23, Throwing and Catching Kathleen Haywood
 Haywood’s Component Approach for observing motor patterns.
 Assessing the Developmental Level of Throwing
 Video each student’s throwing pattern using Ubersense Application
 Assign Motor Analysis

READ: Throw Like a Girl**Week 7**

March 3(M):Chapt. 23, Throwing and Catching, George Graham
STA (Throwing) Presentation:

STA (Catching) Presentation:

March 5(M):Chapter 11 Observing Student Responses
Motor Analysis Due

Week 8

March 10(M):SPRING BREAK

March 12(W):SPRING BREAK

Week 9

March 17(M):Chapter 17, Chasing, Fleeing, Dodging

STA Presentation:

March 19(W):Chapter 18, Bending, Twisting, Stretching

STA Presentation:**Week 10**

March 24(M):Chapt. 22 Kicking & Punting

STA (Kicking) Presentation:

March 26(W):Chapt. 24, Volley & Dribbling Student Teacher Video

STA Presentation (Volley):**STA Presentation (Dribbling):****Week 11**

March 31(M):**Exam #2**

April 2 (W):Chapt. 25 Striking with Rackets and Paddles

STA Presentation (Paddles):

Week 12

April 7 (M):Chapt. 25 Striking with Rackets and Paddles

STA Presentation (Rackets):

Assign Game Design

April 9 (W):Chapter 26 Striking with Long Handled Implements

STA Presentation (LHI):**Week 13**

April 14(M):Chapt. 30 Skill Themes in Games

Game Design with Partners

Tchoukball

Revised Philosophy Due

April 16(W):**Game Design and Presentation DUE**

READ: Balance – It Just Takes Practice**Week 14**

April 21(M):Chapt. 29 Gymnastics

Chapt. 20 Balance

Solo balance, partner balance, group balance

April 23(W):Chapt. 21 Weight Transfer, Rolling Skills

Week 15

April 28 M):Chapter 28 Dance, Rhythms & Dance

Sport Skills Movement 32 Count Sequences.

Rhythmic Dance, Ribbon Sticks, Jump Ropes,

Scarves, Instruments, Lummi Sticks William Tell Overture

Cultural Dances, Latin Dance, Salsa Dance, Cha Cha

Peace Journal Due

April 30(W):Rhythmic Dance, Country Dance, Line Dancing, Cowboy Motion, Cowboy Boogie,

I Love a Rainy Night, VA Reel

Week 16

May 5 (M):Last Day. Introduction to Creative Dance: Create Own Sequence.

Final Exam:Per Final Exam Schedule: Monday, May 12th, 2013, 9:00-10:15 am

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/honor-code/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class

unless otherwise authorized by the instructor.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

PROFESSIONAL BEHAVIOR: Students are expected to exhibit professional behaviors and dispositions at all times.

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

