



**Bachelor of Science (B.S.Ed.) Degree
Health and Physical Education Licensure Program (Pre K-12)
Academic Advising Form 2008-2009
www.rht.gmu.edu**

Name: _____ G#: _____ Advisor: _____
 Address: _____
 Phone: _____ Email: _____ Catalog Year: _____

*Contact 703-993-2060 or the above web address for further information.

Previously degreed students may waive all GEN ED requirements [except BIOL 124/125] and apply for a degree upon completion of professional concentration courses.

I. GENERAL EDUCATION (GEN ED) REQUIREMENTS (38)

For current list of approved courses in GEN ED: <http://www.gmu.edu/departments/provost/gened/>

Requirement	Credits	Institution	Course #	Grade	Sem./Yr
Written Communication (Lower Level)	3				
Written Communication (Upper Level)	3				
Western Civilization	3				
Information Technology	3				
Social and Behavioral Sciences (e.g., HEAL 230)	3				
Literature	3				
Oral Communication	3				
Arts	3				
Quantitative Reasoning	3				
Global Understanding (e.g., TOUR 210)	3				
Natural Science (BIOL 124 and 125)	8				

II. PROFESSIONAL CONCENTRATION (82)

Requirement	Credits	Institution	Course #	Grade	Sem./Yr
HEAL 110	3				
HEAL 205	4				
HEAL 220	3				
HEAL 310	3				
HEAL 325	3				
HEAL 330	3				
HEAL 405	3				
PHED 108	1				
PHED 110 or 150 or 159	1				
PHED 200	3				
PHED 201	3				
PHED 202	3				
PHED 273	2				
PHED 274	2				
PHED 275	2				
PHED 300	3				
PHED 306	3				
PHED 308	3				
PHED 365	3				
PHED 403	3				
PHED 404	3				
PHED 415 (GEN ED Synthesis)	12				
PHED 450	4				
PRLS 316	3				
PRLS 460	3				
EDRD 300	3				

TOTAL CREDITS (120 REQUIRED)

45 upper level credits

Optional - Endorsement in Driver Education is highly recommended for graduates seeking high school positions in Virginia.

COURSE DESCRIPTIONS

EDRD 300 Literacy and Curriculum Integration (3)

Introduces K-12 content area reading, writing, and language arts. Emphasizes integration of reading and other language arts across curriculum.

HEAL 110 Personal Health (3)

Individual and family well being, through the integration of such topics as fitness, nutrition, human sexuality, consumer health, drug education, and mental health.

HEAL 205 Principles of Accident Causation and Prevention (4)

Investigation of safety related problems, emphasis on fire, home, occupational, recreational, and vehicle safety; violence and property crime prevention. Identification, care, and treatment of various medical emergencies.

HEAL 220 Dimensions of Mental Health (3)

Integration of behavioral and sociocultural factors in the study of mental health.

HEAL 310 Drugs and Health (3)

Analysis of drug use, with emphasis on its positive aspects, alternatives to drug misuse and abuse.

HEAL 325 Health Aspects of Human Sexuality (3)

Biological, behavioral, and sociocultural factors in human sexual behavior.

HEAL 330 Nutrition (3)

Assessment of dietary habits and patterns in relation to nutrition requirements. Emphasis on weight control, diet and fitness, and current nutritional controversies.

HEAL 405 Teaching Methods in Health Education (K-12) (3) Prerequisite: BSED status or permission of instructor (POI)

Content, methodology, and resource materials in teaching health education for elementary and physical education teaching majors. Includes field experience.

PHED 108 Weight Training and Body Conditioning (1)

PHED 110 Beginning Swimming (1)

PHED 150 Intermediate Swimming (1)

PHED 159 Advanced Swimming (1)

PHED 200 Professional Dimensions of Health, Recreation, and Physical Education (3) Open to non-majors

Traces historical foundations of health, recreation, physical education, and sport.

PHED 201 Developmental Motor Patterns (3)

Examination of developmental stages of motor patterns. Skill progressions are applied to teaching beginning through advanced learners.

PHED 202 Teaching Skillful Movement (3)

Teaching strategies and behaviors are examined and practiced in a peer-teaching format. Activities from games, gymnastics, dance and fitness are applied in peer teaching episodes.

PHED 273 Net and Target Games (2) Open to BPRE and BSED PHED majors only

Skill development, content knowledge, and officiating for selected net and target games.

PHED 274 Dance and Educational Gymnastics (2) Open to BPRE and BSED PHED majors only

Dance and educational gymnastics skill development and content knowledge in dance, rhythms, and tumbling/apparatus skills.

PHED 275 Field and Invasion Games (2) Open to BPRE and BSED PHED majors only

Skill development and content knowledge in field activities and two-sided invasion games.

PHED 300 Kinesiology (3) Prerequisites: BIOL 124 and 125

Anatomical and mechanical study of human movement.

PHED 306 Psychomotor Learning (3)

Study of psychological aspects, learning theory, and practice conditions for learning motor skills.

PHED 308 Adapted Physical Education (3) Prerequisites: BSED status and BIOL 124 and 125

Introduces the teacher candidate to disabilities among school aged children. National Standards, federal legislation, IEP's and developmental/inclusion models are applied.

PHED 365 Measurement and Evaluation of Physical Fitness (3) Prerequisites: BIOL 124 and 125

Selection, administration, evaluation, and construction of measurement and evaluation instruments and techniques in physical education; statistical analysis of data and survey of selected instruments.

PHED 403 Elementary School Instruction in Physical Education (3) Prerequisites: PHED 201, 202, 273, 274, 275, 306 (Co-requisite); BSED status

Includes content knowledge, teaching methods and field experience for Pre K-5.

PHED 404 Middle/High School Instruction in Physical Education (3) Prerequisites: PHED 201, 202, 273, 274, 275, 306 and 403; BSED status

Examines school curriculum, content and teaching practices with field experience for grades 6-12.

PHED 415 Student Teaching (9) Prerequisites: Completion of all courses in approved program; acceptance into student teaching

Supervised clinical experience of a full semester in approved schools. Required experiences in elementary (7 weeks) and secondary (7 weeks) school settings.

PHED 450 Physiology of Exercise (4) Prerequisites: BIOL 124 and 125 and PHED 300

Human physiology response to environmental changes and exercise.

PRLS 316 Outdoor Recreation and Leadership (3)

Promotion of lifelong health and fitness via noncompetitive and informal outdoor activities. Introduction in safety, skills and leadership techniques. Sustainable use, conservation and stewardship of natural resources.

PRLS 460 Sport and Recreation Law (3) Prerequisite: 60 credits

Emphasis on safety, liability, risk. Current law and liability issues for administrators of HFRR facilities and programs.