

HEALTH AND PHYSICAL EDUCATION: TRANSFER PLAN with AA/AS Degree
[Pre-Requisites needed: BIOL 124, 125 and HEAL 110, Personal Health]

Updated 1/9/08

Sophomore

	<u>Credits</u>
Fall	
PHED 200 Professional Dimensions of Health, Recreation and Physical Education	3
< PHED 201 Developmental Motor Patterns	3
< PHED 202 Teaching Skillful Movement	3
HEAL 325 Health Aspects of Human Sexuality	3
< PHED 273 Net and Target Games (Fall term only)	2
PHED 108 Weight Training and Body Conditioning	1
PHED 110 Swimming	1
	16 credits
Spring	
Gen Ed (ENGL 302)	3
HEAL 310 Drugs and Health	3
HEAL 220 Dimensions of Mental Health	3
HEAL 205 Principles of Accident Causation and Prevention	4
< PHED 274 Dance and Educational Gymnastics (Spring term only)	2
< PHED 275 Field and Invasion Games in Physical Education (Spring term only)	2
	17 credits
Junior	
Must pass PRAXIS I	
Must obtain BSED Status	
Fall	
PHED 403 Elementary School Instruction in Physical Education (BSED, PHED 273, 274 ,275)	3
< PHED 306 Psychomotor Learning (Fall term only)	3
< PHED 300 Kinesiology (Pre-req BIOL 124,125)	3
EDRD 300 Reading Integration	3
< PHED 308 Adapted Physical Education (BSED, Fall term only)	3
	15 credits
Spring	
Must Apply for PHED 415 a full semester ahead. Must have passed VCLA & PRAXIS II	
HEAL 330 Nutrition	3
< HEAL 405 Teaching Methods in Health Education (BSED)	3
PHED 365 Measurement and Evaluation of Physical Fitness (BIOL 124 & 125)	3
< PHED 404 Middle & High School Instruction (PHED 403, 306, 273, 274, 275)	3
PRLS 460 Sport and Recreation Law	3
	15 credit
Summer	
PHED 450 Exercise Physiology	4
PRLS 316 Outdoor Recreation & Leadership (Fall & Summer terms)	3
	7 credits

Senior

Fall	All courses in the major must be taken before Student Teaching.	
	PHED 415 Student Teaching and Synthesis	12 credits
<	Courses with pre-requisites must be taken in sequence to insure timely completion of program. Course schedule may change over time. Check schedule of classes, see advisor and consider summer offerings.	