Choose a major with great career options!

In the School of Recreation, Health, and Tourism, there is a direct connection between your course work and your planned career. Every program requires fieldwork or internships so you can gain on-the-job experience even before you graduate.

You’ll be prepared for practitioner and management roles in a variety of settings including public, private, government, education, and nonprofit. Graduates are positioned to inform policy, promote economic development, advocate stewardship of natural resources, and improve the quality of life of individuals, families, and communities at the local, national, and international level.

See the next page for the occupations and employment settings associated with majors in the School of Recreation, Health, and Tourism. Note that some of these options may require additional training or education. Use this list as a starting point to inspire your choice of a career path!

LEARN MORE AT: rht.gmu.edu

(over)
ATHLETIC TRAINING
- Colleges and universities
- Fitness and recreation sports centers
- Hospitals
- Military
- Physician offices
- Secondary and high schools
- Sports medicine clinics

SPORT MANAGEMENT
- Athletic director
- Community relations
- Compliance officer
- Events manager
- External relations
- Facilities manager
- Foundation director
- General manager
- League commissioner
- Sport marketer
- Sports agent
- Sports information
- Ticket sales

HEALTH AND PHYSICAL EDUCATION
- K-12 schools
- Professional associations
- School administration

THERAPEUTIC RECREATION
- Aquatics instructor for individuals with disabilities
- At-risk youth counselor
- Community or school inclusion officer
- Community services director
- Corrections recreation specialist
- Leisure educator
- Residential recreation counselor
- Senior center activities director
- Special Olympics coach
- Therapeutic horseback riding specialist
- Therapeutic recreation specialist
- Wounded warriors programs

KINESIOLOGY
- Biomechanist
- Clinical exercise (cardiac rehabilitation, diabetes, obesity)
- Community health and fitness promotion
- Community and recreation centers
- Corporate fitness
- Exercise equipment sales
- Fitness instructor
- Mind-body studies (massage therapy, yoga)
- Performance specialist
- Personal training
- Pharmaceutical sales
- Senior activity center
- Sport coach
- Sport and exercise nutrition
- Sport science
- Strength and conditioning coach

PARKS AND OUTDOOR RECREATION
- Camp administrator
- Community and park planner
- Corporate fitness and aquatics director
- Cruise ship activity specialist
- Ecotourism guide
- Golf course and sport facility manager
- Military recreation planner
- National or state park naturalist
- Park ranger
- Public policy analyst
- Recreation and sports director
- University life director
- Visitor services supervisor

TOURISM AND EVENTS MANAGEMENT
- Cruise ship director
- Cultural attractions manager
- Destination marketing
- Eco-tourism operations
- Entertainment venue manager
- Event planner
- Festival management
- Hotel management
- Meeting and conference planning
- Resort management
- Tour operations
- Visitor services
- Wedding planning services

The School of Recreation, Health, and Tourism features renowned faculty, cutting-edge research, six laboratories and centers, and a diverse student body of more than 1,000 undergraduate and graduate students each year. Many classes are held at George Mason’s newest and growing campus in Prince William County. The school is part of George Mason’s College of Education and Human Development.

George Mason University, located just outside of Washington, DC, is Virginia’s largest public research university.