



# MS Exercise, Fitness, & Health Promotion

The Master's of Science (MS) in Exercise, Fitness, and Health Promotion (EFHP) in the Division of Health and Human Performance (HHP), College of Education and Human Development (CEHD) at George Mason University (GMU) is excited to invite applications for our **Advanced Practitioner** Concentration

This concentration is specially designed for those with prior education in Health and Human Performance

## Program Description

You will learn to become a '**Research-Savvy Practitioner**', i.e. one who can apply the latest evidence-based knowledge to promote Health and Human Performance in physically active individuals

## Funding Opportunities

Multiple competitive Graduate Assistantships (typically 8---12 per year\*) available including:

- **Athletic Trainers:** Intercollegiate Athletics, Secondary & middle schools, youth leagues
- **Strength and Conditioning Coaches:** Athletics
- **Fitness Coordinators:** Mason Recreation
- **Research Assistants:** Laboratory graduate research assistants or scholars

*\*Contingent on funding*

## Class Format

- Face-to-face and Online
- Full-time or Part-time

## Research Opportunities

Within the **Sports Medicine Assessment, Research, & Testing (SMART) Laboratory** – [smartlab.gmu.edu](http://smartlab.gmu.edu)

- Injury Prevention
- Concussions and Mild Traumatic Brain Injury
- Lower Extremity Neuromechanics
- Dance and Performing Arts Medicine
- Youth Sports
- Sports Performance

## Careers Options

- Athletic Trainers
- Strength and Conditioning Coaches
- Exercise Scientists
- Doctoral School in EFHP

## Learn More

Register at [rht.gmu.edu/exhp-info](http://rht.gmu.edu/exhp-info) for **informational webinar sessions**

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[rht.gmu.edu/efhp](http://rht.gmu.edu/efhp)