



MS Exercise, Fitness, & Health Promotion

The Master's of Science (MS) in Exercise, Fitness, and Health Promotion (EFHP) in the Division of Health and Human Performance (HHP), College of Education and Human Development (CEHD) at [George Mason University \(GMU\)](#) is excited to invite applications for the **TWO NEW REVISED Concentrations**:

Wellness Practitioner – for those with no or minimal prior education in Health and Human Performance

Advanced Practitioner – for those with prior education in Health and Human Performance

Program Description

You will learn to become a '**Research-Savvy Practitioner**', i.e. one who can apply the latest evidence-based knowledge to promote Health and Human Performance in physically active individuals

Funding Opportunities

Multiple competitive [Graduate Assistantships](#) (typically 6-8 per year*) available including:

- **Athletic Trainers:** Intercollegiate Athletics, Secondary & middle schools, youth leagues
- **Strength and Conditioning Coaches:** Athletics
- **Fitness Coordinators:** Mason Recreation
- **Research Assistants:** Laboratory graduate research assistants or scholars

**Contingent on funding*

Class Format

- Face-to-face and Online
- Full-time or Part-time

Research Opportunities

Conduct cutting-edge research in the **Sports Medicine Assessment, Research, and Testing (SMART) Laboratories**

- Injury Prevention
- Concussions and Mild Traumatic Brain Injury
- Lower Extremity Neuromechanics
- Dance and Performing Arts Medicine
- Youth Sports
- Sports Performance

Careers Options

Wellness Practitioner – Owners/Managers of public or private Fitness, Exercise, and Wellness Facilities

Advanced Practitioner – Athletic Trainers, Strength and Conditioning Coaches, Exercise Scientists

Learn More

Please click [here](#) to register for **informational webinar sessions** on

18 March 2015 at 6:30 pm EST

6 April 2015 7:15 pm EST

31 March 2015 at 6:30 pm EST

15 April 2015 6:30 pm EST

Dr. Jatin P. Ambegaonkar, ATC CSCS

Email: jambegao@gmu.edu

Phone: 703-993-2123

rht.gmu.edu/contact