

MS EFHP Program Concentrations at a Glance

	Advanced Practitioner	Wellness Practitioner
Core 15 Credits	<ol style="list-style-type: none"> 1. EFHP 612 – Scientific Foundations of Applied Kinesiology 2. EFHP 620 – Research Methods for Applied Kinesiology 3. EFHP 610 – Advanced Exercise Physiology 4. EFHP 611 – Fitness Assessment 5. EFHP 640 – Principles of Strength and Conditioning 	<ol style="list-style-type: none"> 1. EFHP 612 – Scientific Foundations of Applied Kinesiology 2. EFHP 620 – Research Methods for Applied Kinesiology 3. EFHP 610 – Advanced Exercise Physiology 4. EFHP 611 – Fitness Assessment 5. EFHP 640 – Principles of Strength and Conditioning
Concentration 15 credits	<ol style="list-style-type: none"> 1. EFHP 613 – Advanced Applied Biomechanics 2. EDRS 620 – Quantitative Methods in Educational Research 3. EFHP 690 – Scientific Communications 4. EFHP 599 – Special Topics 5. EFHP 614 – Advanced Exercise Nutrition or EFHP 618 – Exercise and Sport Psychology 	<ol style="list-style-type: none"> 1. EFHP 520 – Medical Terminology for Health Professionals 2. EFHP 522 – Functional Anatomy for Health and Wellness Practitioners 3. EFHP 526 – Prevention Recognition and Management of Fitness Related Injuries 4. EFHP 660 – Management of Exercise, Fitness, and Health Promotion Organizations 5. EFHP 614 – Advanced Exercise Nutrition or EFHP 618 – Exercise and Sport Psychology
Project 6 credits	<ol style="list-style-type: none"> 1. EFHP 598 – Independent Study 2. EFHP 798 – Research Project 	<ol style="list-style-type: none"> 1. EFHP 598 – Independent Study 2. EFHP 798 – Research Project