

Professional Development – 10 Points Required

Full Name: _____ **G Number:** _____

- ❖ Member of VAHPERD (5 points) Points: _____
- ❖ Member of SHAPE America (formerly AAHPERD) (10 points) Points: _____ Membership Number: _____
- ❖ Attended a meeting of the PHED majors club (5 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Attended a meeting at your assigned school (5 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Attended a pre-approved event (5 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Participated in or volunteered for a pre-approved event/activity (10 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Attended VAHPERD convention (10 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Presented at a VAHPERD convention (10 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Attended a PHED professional development session (10 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Volunteered at Mason’s Health & Fitness Expo (5 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Participated in the Kyle Wilson Memorial 5K (10 points ea.) Points: _____ Date(s): _____
Describe: _____
- ❖ Volunteered for a school event (10 points ea.) Points: _____ Date(s): _____
Describe: _____

I participated in these professional development events/activities and can provide additional documentation. These points are new and in addition to the 10 points already submitted with my BSED application.

Point Total

Student Signature

Date