



**Bachelor of Science in Education (BSED) in Physical Education
School of Recreation, Health, and Tourism (RHT)
Academic Advising Form 2011-2012**

www.rht.gmu.edu

120 Credit Hours

For advising, contact Ms. Linda Krout at lkrou@gmu.edu

GENERAL EDUCATION (38 credits): For current list of approved courses: <http://www.gmu.edu/departments/provost/gened/>

Requirement	Credits	Prerequisites
Oral Communication	3	
Written Communication (Lower Level)	3	
Written Communication (Upper Level)	3	45 credits: C or better in Gen. Ed. comp. and lit.
Information Technology	3	
Quantitative Reasoning	3	
Arts	3	
Global Understanding	3	
Literature	3	
Natural Science (BIO 124 and BIO 125)	8	
Social and Behavioral Sciences (i.e: HEAL 230)	3	
Western Civilization	3	

PROFESSIONAL CONCENTRATION (82 credits): Does not include GEN ED requirements

<i>1st Year Fall Semester</i>	Credits	Prerequisites	Campus	Sem.
BIO 124 Human Anatomy & Physiology	4		FX/PW	F, Sum
PHED 201 Developmental Motor Patterns	3		PW	F, S
PHED 202 Teaching Skillful Movement	3		PW	F, S
PHED 273 Net & Target Games	2		FX	F, S
PHED 110, 150, or 159 (Swimming)	1		FX/PW	F, S
<i>1st Year Spring Semester</i>				
BIO 125 Human Anatomy & Physiology	4		FX/PW	S, Sum
PHED 274 Dance & Ed. Gymnastics	2		FX	F, S
PHED 275 Field & Invasion Games	2		FX	F, S
HEAL 110 Personal Health	3		FX	F, S
<i>2nd Year Fall Semester</i>				
HEAL 205 Accident Causation & Prevention	4		FX	F,S,Sum
PHED 200 Professional Dimensions of HRPE	3		FX/PW	F, S
KINE 300 Kinesiology	3	BIO 124 and 125	PW	F,S,Sum
PRLS 316 Outdoor Ed & Leadership	3		PW	F, Sum
<i>2nd Year Spring Semester</i>				
Must Prepare for BSED Status (Praxis I/VCLA)				
KINE 301 Resistance Training for H-R Fitness	2	BIO 124, 125 and KINE 300	FX	F,S
HEAL 220 Dimensions of Mental Health	3		FX	F, S
HEAL 330 Nutrition	3		PW	F,S,Sum
<i>3rd Year Fall Semester</i>				
Must obtain BSED Status by end of Semester				
KINE 370 Measure & Evaluation of Fitness	3	BIO 124 and 125	FX	F, S
PHED 306 Psychomotor Learning	3		PW	F,S,Sum
HEAL 310 Drugs & Health	3		FX	F, S
<i>3rd Year Spring Semester</i>				
HEAL 325 Health Aspects of Human Sexuality	3		FX	F, S
EDRD 300 Literacy and Curriculum Integration	3		FX	F, S
PHED 403 Elementary Instruction in PE	3	BSED status; PHED 201, 202, 273, 274, 275 (PHED 306 is a co-requisite)	PW	F, S
KINE 310 Physiology of Exercise	3	BIO 124 and 125; KINE 300	PW	F,S,Sum
<i>4th Year Fall Semester</i>				
PHED 308 Adapted PE	3	BSED status; BIO 124 and 125	FX	F, S
PHED 404 Middle & HS Instruction in PE	3	BSED status; PHED 201, 202, 273, 274, 275,306, & 403	PW	F, S
HEAL 405 Teaching Methods in Health (K-12)	3	BSED status	PW	F, S
PRLS 460 Sport & Recreation Law	3	60 credits	FX	F,S,Sum
<i>4th Year Spring Semester</i>				
PHED 415 Student Teaching & Synthesis	12	Student Teaching Application*	FX	F, S

*Must apply for PHED 415 by September 1 for spring placement and February 1 for fall placement. All courses in the major, the VCLA and PRAXIS II tests must be successfully completed before submitting Student Teaching application.

TWO YEAR PLAN: Assumes all General Education requirements have been met.

<i>1st Year Fall Semester</i>	Credits	Prerequisites	Campus	Sem.
PHED 200 Professional Dimensions of HRPE	3		FX/PW	F, S
PHED 201 Developmental Motor Patterns	3		PW	F, S
PHED 202 Teaching Skillful Movement	3		PW	F, S
HEAL 110 Personal Health	3		FX	F, S
PHED 273 Net & Target Games	2		FX	F, S
PHED 110, 150, or 159 (Swimming)	1		FX/PW	F, S
<i>1st Year Spring Semester</i> Must pass PRAXIS I/VCLA and obtain BSED Status by end of Semester				
HEAL 310 Drugs & Health	3		FX	F, S
HEAL 220 Dimensions of Mental Health	3		FX	F, S
HEAL 325 Health Aspects of Human Sexuality	3		FX	F, S
PHED 274 Dance & Ed. Gymnastics	2		FX	F, S
PHED 275 Field & Invasion Games	2		FX	F, S
<i>1st Year Summer</i>				
HEAL 205 Accident Causation & Prevention	4		FX	F,S,Sum
KINE 300 Kinesiology	3	<i>BIO 124 and 125</i>	PW	F,S,Sum
<i>2nd Year Fall Semester</i>				
KINE 301 Resistance Training for H-R Fitness	2	<i>BIO 124, 125, and KINE 300</i>	FX	F, S
PHED 403 Elementary Instruction in PE	3	<i>BSED status; PHED 201, 202, 273, 274, 275 (PHED 306 is a co-requisite)</i>	PW	F, S
PHED 306 Psychomotor Learning	3		PW	F,S,Sum
EDRD 300 Literacy and Curriculum Integration	3		FX	F, S
PHED 308 Adapted PE	3	<i>BSED status; BIO 124 and 125</i>	FX	F, S
<i>2nd Year Spring Semester</i>				
HEAL 330 Nutrition	3		PW	F,S,Sum
HEAL 405 Teaching Methods in Health (K-12)	3	<i>BSED status</i>	PW	F, S
KINE 370 Measure & Evaluation of Fitness	3	<i>BIO 124 and 125</i>	FX	F, S
PHED 404 Middle & HS Instruction in PE	3	<i>BSED status; PHED 201, 202, 273, 274,275, 306, & 403</i>	PW	F, S
PRLS 460 Sport & Recreation Law	3	<i>60 credits</i>	FX	F,S,Sum
<i>2nd Year Summer</i>				
KINE 310 Physiology of Exercise	3	<i>BIO 124 and 125; KINE 300</i>	PW	F,S,Sum
PRLS 316 Outdoor Ed & Leadership	3		PW	F, Sum
<i>3rd Year Fall Semester</i>				
PHED 415 Student Teaching & Synthesis	12	<i>Student Teaching Application*</i>	FX	

*Must apply for PHED 415 by September 1 for spring placement and February 1 for fall placement. All courses in the major, the VCLA and PRAXIS II tests must be successfully completed before submitting Student Teaching application.

Additional Requirements for Graduation:

120 total credits; 45 Upper Level Credit Hours; 30 Hours (with 12 being upper level major courses); GMU Residency Requirement; Completion of General Education Requirements (38 credits); GPA of at least 2.0 and 2.5 in major.