### POR Academic Advising Form 2013-2014
Bachelor of Science Degree in Health, Fitness, and Recreation Resources
Parks and Outdoor Recreation (POR) Concentration (120 Credit Hours)

For advising, contact Dr. Brenda Wiggins at bwiggins@gmu.edu

**GENERAL EDUCATION (50 credits):** For current list of approved courses: [http://www.gmu.edu/departments/provost/gened/](http://www.gmu.edu/departments/provost/gened/)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Oral Communication</td>
<td>3</td>
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<tr>
<td>Written Communication (Lower Level)</td>
<td>3</td>
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<tr>
<td>Written Communication (Upper Level)</td>
<td>3</td>
<td>45 credits: C or better</td>
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<td>Information Technology</td>
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<tr>
<td>Quantitative Reasoning (STAT 250)</td>
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<td>High School Algebra</td>
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<td>Arts</td>
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<td>Global Understanding</td>
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<tr>
<td>Literature</td>
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<tr>
<td>Natural Science</td>
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<tr>
<td>Social and Behavioral Sciences</td>
<td>3</td>
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<tr>
<td>Western Civilization</td>
<td>3</td>
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<tr>
<td>Synthesis (PRLS 490)</td>
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**PROFESSIONAL CONCENTRATION SEQUENCE EXAMPLE (58 credits):** Some GEN ED requirements listed below

<table>
<thead>
<tr>
<th>1st Year Fall Semester</th>
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<tr>
<td>PRLS 210 Intro to Recreation &amp; Leisure</td>
<td>3</td>
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<td>FX/Online</td>
<td>F, S</td>
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<tr>
<td>PHED 200 Professional Dimensions of HRPE</td>
<td>3</td>
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<td>FX/PW</td>
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<thead>
<tr>
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<tbody>
<tr>
<td>HEAL 205 Principles of Accident Cause/Prev.</td>
<td>4</td>
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<tr>
<th>2nd Year Fall Semester</th>
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<tbody>
<tr>
<td>PRLS 300 People with Nature</td>
<td>3</td>
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<tr>
<td>PRLS 310 Program Planning &amp; Design</td>
<td>3</td>
<td>PRLS 210 or PHED 200</td>
<td>FX/PW</td>
<td>F, S</td>
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<tr>
<td>PRLS 316 Outdoor Educ. &amp; Leadership</td>
<td>3</td>
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<td>PW</td>
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<tbody>
<tr>
<td>PRLS 241 Practicum</td>
<td>3</td>
<td>60 hours &amp; PRLS 210</td>
<td>FX/PW</td>
<td>F, S</td>
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<tr>
<td>PRLS 317 Social Psych of Play &amp; Recreation</td>
<td>3</td>
<td>PRLS210, TOUR200, PHED200, or SPMT201</td>
<td>FX</td>
<td>S</td>
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<tr>
<td>PRLS 327 Foundations of TR</td>
<td>3</td>
<td></td>
<td>FX</td>
<td>F, S</td>
</tr>
<tr>
<td>HEAL 323 Program Leadership &amp; Evaluation</td>
<td>3</td>
<td>PRLS 310</td>
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<tr>
<th>3rd Year Fall Semester</th>
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<tbody>
<tr>
<td>PRLS 302 Park Management &amp; Operations</td>
<td>3</td>
<td>PRLS 300</td>
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<tr>
<td>PRLS 405 Planning &amp; Maintenance of Fac.</td>
<td>3</td>
<td>PRLS 310 &amp; 60 credits</td>
<td>PW</td>
<td>F, S</td>
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<tr>
<td>PRLS 410 Admin of RHT Organizations I</td>
<td>3</td>
<td>60 credits</td>
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<td>STAT 250</td>
<td>3</td>
<td>Satisfies Quantitative Reasoning GEN ED</td>
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<tr>
<td>PRLS 402 Human Behavior in the Natural Env</td>
<td>3</td>
<td>PRLS 210, PRLS 300, &amp; 60 credits</td>
<td>PW</td>
<td>S</td>
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<tr>
<td>PRLS 450 Research Methods</td>
<td>3</td>
<td>STAT 250 and 60 credits</td>
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<tr>
<td>PRLS 460 Sport &amp; Recreation Law</td>
<td>3</td>
<td>60 credits</td>
<td>GMUTV</td>
<td>F, S</td>
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<tr>
<td>PRLS 362 Cultural &amp; Environ Interpretations</td>
<td>3</td>
<td>PRLS 300, PRLS 328 or TOUR 352</td>
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<tbody>
<tr>
<td>PRLS 411 Admin. of RHT Organizations II</td>
<td>3</td>
<td>PRLS 410 &amp; 60 credits</td>
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<tr>
<td>PRLS 501 Intro to Natural Resources Law</td>
<td>3</td>
<td>PRLS 460 &amp; 90 credits</td>
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<td>PRLS 490 Internship in PRLS (Synthesis)</td>
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**ELECTIVES (12 credits)**

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**Additional Requirements for Graduation:**
120 total credits; 45 Upper Level Credit Hours; 30 Hours (with 12 being upper level major courses); GMU Residency Requirement; Completion of General Education Requirements (37 credits); GPA of at least 2.0
## TWO YEAR PLAN EXAMPLE
(Assumes all GEN ED requirements [except ENGH 302 & PRLS 490] and electives have been met; and 60 credits transferred)

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